

**FLORIDA INTERNATIONAL UNIVERSITY
COLLEGE OF NURSING AND HEALTH SCIENCES**

BSN CLINICAL WORKSHEET: NURSING PROCESS CARE PLAN

STUDENT NAME _____ DATE _____

Client Initials		Culture/Ethnicity	Support system
Unit	Room/Bed	Religion	
Age	Sex	Language	
Weight	Height	Marital status	
Current medical diagnosis		Occupation	Siblings
		Health insurance	Name of significant other/primary caregiver
		Current work status	
		Highest grade completed	Genogram: Use back of page
Diagnostic procedures			
Surgical procedures			
Pathophysiology/psychopathology (List reference)			

DEVELOPMENTAL STAGE/THEORIST Describe behaviors/concerns that you would expect to be consistent with client's age/stage. Utilize Freud, Erikson, Piaget, Havighurst, and/or Sullivan	Vital signs/Frequency <hr/>
Theorist: <hr/> <hr/> <hr/> <hr/>	<hr/> Allergies/Side effects <hr/> <hr/> <hr/>
Theorist: <hr/> <hr/> <hr/> <hr/>	<hr/> Diet with rationale <hr/> <hr/> <hr/>
Theorist: <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>
<hr/>	<hr/>
BRIEF HEALTH HISTORY <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> Limitations/prosthetic devices <hr/> <hr/> <hr/> <hr/>

<p>PERTINENT LABORATORY DATA Lab Test #1</p> <hr/> <hr/> <p>Results_____</p> <hr/> <hr/> <hr/> <p>Rationale of abnormal results</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>PERTINENT LABORATORY DATA Lab Test #2</p> <hr/> <hr/> <p>Results_____</p> <hr/> <hr/> <hr/> <p>Rationale of abnormal results</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>PERTINENT LABORATORY DATA Lab Test #3</p> <hr/> <hr/> <p>Results_____</p> <hr/> <hr/> <hr/> <p>Rationale of abnormal results</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>PERTINENT LABORATORY DATA Lab Test #4</p> <hr/> <hr/> <p>Results_____</p> <hr/> <hr/> <hr/> <p>Rationale of abnormal results</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>INTRAVENOUS SOLUTION #1</p> <p>Type _____</p> <p>CC/HR _____ gtts/min _____</p> <p>Additives _____</p> <p>Rationale for solution</p> <hr/> <hr/> <hr/>		<p>INTRAVENOUS SOLUTION #2</p> <p>Type _____</p> <p>CC/HR _____ gtts/min _____</p> <p>Additives _____</p> <p>Rationale for solution</p> <hr/> <hr/> <hr/>	

MEDICATION NAME TRADE/GENERIC	DOSAGE ORDERED	TIMES ADMINISTERED	DOSE ROUTE	RATIONALE FOR ADMINISTERING	THERAPEUTIC RANGE FOR AGE/WEIGHT	NURSING IMPLICATIONS

<p>NURSING DIAGNOSES</p> <p>LIST IN PRIORITY ORDER (BEGINNING WITH #1 IN PRIORITY)</p>	<p>DESCRIBE RATIONALE FOR PRIORITY ORDER</p> <p>UTILIZE A THEORY (NEEDS THEORY/NURSING THEORY) FOR RATIONALE</p>

ASSESSMENT DATA SUBJECTIVE/ OBJECTIVE	NURSING DIAGNOSIS	PLAN OUTCOME CRITERIA (CLIENT CENTERED)	INTERVENTIONS (NURSE CENTERED)	RATIONALE FOR INTERVENTIONS	EVALUATION
<p>Include subjective and objective components.</p> <p>Assess physiological, psychosocial, developmental, cultural and spiritual dimensions.</p> <p>•<u>Subjective</u> Document client's exact words relevant to the diagnosis.</p> <p>"I'm not hungry"</p> <p>•<u>Objective</u> Document data that is measurable, specific, and relevant to the nursing diagnosis.</p> <p>"Weight = 48 Kg" "Lack of subcutaneous fat"</p>	<p>Use a NANDA diagnosis which has three (3) parts:</p> <p>•Part 1: NANDA statement of nursing problem <u>"Alteration in nutrition: Less than body requirements"</u></p> <p>•Part 2: relating to a nursing etiology: <u>"relating to inadequate nutritional intake"</u></p> <p>•Part 3: manifested by the assessed signs and symptoms: <u>"manifested by low body weight and emaciation."</u></p>	<p>State the overall plan as client centered, e.g.,:</p> <p>•<u>"The client will..."</u></p> <p>Relate the plan to the nursing diagnosis:</p> <p>•<u>"have adequate nutritional intake"</u></p> <p>Indicate a measurable outcome criteria by including time frame/amount/range:</p> <p>•<u>"as evidenced by..."</u></p> <p>1) the ability to create a balanced meal plan by day (7).</p> <p>2) <u>gaining 1-2 lbs/wk until FDA recommended weight is achieved.</u></p> <p>(3) etc.</p>	<p>Make the interventions nurse centered.</p> <p>Indicate what the nurse will do to assist the client in achieving the outcome criteria, e.g.,</p> <p>•<u>"The nurse will..."</u></p> <p>State frequency/time /amount so any nurse can carry out the plan:</p> <p>1) <u>Document all food intake for 3 days.</u></p> <p>2) Determine and make available client's favorite foods by day 2.</p> <p>3) etc.</p>	<p>State the principle or scientific rationale for the nursing intervention(s).</p> <p>Include the reference for the rationale.</p>	<p>Look at the outcome criteria.</p> <p>State whether the client achieved the outcome criteria, e.g.,</p> <p><u>"The client gained 2 lbs within the past 7 days..."</u></p> <p>NOTE: If the outcome criteria was not achieved or only partially achieved, the nurse needs to go back to the beginning, e.g., the "assessment" and make revisions or changes as necessary.</p>

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